



# NIA

# 6

NEWS



## Raising Awareness: Knife Crime Talk

This week, we were pleased to welcome officers from Northamptonshire Police into NIA6. They delivered an important and thought-provoking session to our students around the realities and consequences of knife crime. These conversations are vital in helping our young people stay safe, make informed choices, and understand the impact of their decisions. A huge thank you to the officers for taking the time to speak with our sixth formers.



## Welcome Back!

We hope all our NIA6 students had a restful and well-deserved break last week. As we return, we're in the final stretch of the exam season, nearly there! Keep up the focus, look after yourselves, and remember every effort you make now counts. You've got this!

## Mental Health Matters @ NIA

At NIA we work closely with The Lowdown, situated in the town centre. The Lowdown offers free wellbeing and mental health support to young people.

As we are amongst exam season, we want to remind you that Lowdown are running a Wellbeing Drop-In every Monday and Friday from 4-8pm for young people aged 8-25, as well as parents and carers.

These sessions provide a safe, supportive space to talk through any wellbeing or mental health concerns. Whether it's stress, anxiety, or simply needing someone to listen, there is someone there to help.

Importantly, their service remains available throughout the summer holidays, ensuring ongoing support beyond the academic term.

<https://thelowdown.info/>

They also have SENDIASS in the Monday Drop In on 9th June 5-7pm helping young people and parents with educational concerns. This would be an invaluable resource for any students/families currently struggling with SEND, attendance issues, school refusal and EHCP processes.

If you want to talk about any wellbeing or mental health concerns you have for your child, or want signposting for support yourself then you can also contact the school and ask to speak to the Mental Health Lead.



**Find out more about NIA6 on our website**